



# fredericton frigid river

# fall adventure

# race

**October 2, 2010**

**Hartt Island Campgrounds**

**Want to try something different? How about a four-hour Canoe/Bike/Run? For this race you will need to Canoe and Run and Mountain Bike.**

**The object of the race will be to find as many checkpoints on the river and in the fields & woods around the Silverwood area as possible in four hours. Each checkpoint will be worth a certain number of points, depending on its difficulty to locate. The team with the most points after four hours wins.**

**The race will have a \$200.00 prize – and if the winning team locates ALL the checkpoints they will receive a \$200.00 bonus.**

**The "frigid river" race registration & map handout is at 8:00am, with a start at 9:00am**

- Location:** Hartt Island Campgrounds
- Who:** Any team of 2 that dares to take the challenge!
- When:** Saturday, October 02, 2010
- Cost:** \$30.00 per person (cash, no cheques please)
- Equipment:** Running/trekking shoes, mountain bike, canoe/paddles/life jackets, compass
- Why:** Because you can!

**Who ya gonna call: Bob Matthews at 459-4552 (h) or email at [magicbob@nbnet.nb.ca](mailto:magicbob@nbnet.nb.ca)**

